

Guide De La Electro Acupuncture

Dry Needling for Manual Therapists
 Electroacupuncture Handbook for Musculoskeletal Problems
 Introducing Epigenetics
 Neuropuncture
 Transformation and Recovery
 Acupuncture Research
 Neuroimaging of Pain
 The Concise Book of Dry Needling
 Increasing IVF Success with Acupuncture
 Alternative Medicine, Second Edition
 Microcurrent Electro-Acupuncture
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 Current Catalog
 Endurance Sports Medicine
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 Manual of High Risk Pregnancy and Delivery E-Book
 Vibrational Medicine
 Complementary and Alternative Medicine for Older Adults
 Rheumatology E-Book
 Relieving Pain in America
 Acupressure's Potent Points
 Textbook of Natural Medicine - E-Book
 Pain Management
 Comprehensive Guide To Chinese Medicine, A (Second Edition)
 The Definitive Guide to Acupuncture Points
 National Library of Medicine Current Catalog
 Multi-Modality Neuroimaging Study on Neurobiological Mechanisms of Acupuncture
 Electroacupuncture
 Acupuncture Techniques 102
 Textbook of Natural Medicine
 Electro-Acupuncture for Practitioners
 My Pregnancy Guide
 A Comprehensive Guide to Sports Physiology and Injury Management
 Clinical Sports Medicine
 Canadian Journal of Veterinary Research

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Dry Needling for Manual Therapists Elsevier Health Sciences

Originally written as a training manual for health professionals treating patients with Monad Microcurrent instruments (invented and manufactured by Dr. Thomas W. Wing), the Basic Microcurrent Therapy, Acupoint & Body Work Manual has become a staple in Microcurrent Therapy education and treatment, regardless of which brand of instrument is used. Want to know what microcurrent can do? Wonder what settings to use? This book is intended to be an inviting introduction for the beginner or a thorough brush up for the intermediate user. From simple body patterns that relieve pain to a simplified system of auricular therapy to an interior look into the body through meridian balance, it offers a spectrum of approaches. The techniques which have revolutionized sports medicine-EMR (Enhancing Muscle Reeducation), ETR (Enhancing Tissue Repair), and GTO (Golgi Tendon Organ)-are explained and illustrated with diagrams of the

physiology involved. A new simplified method of charting meridians, the neurological basis of auricular therapy with the progression of diseases, and an entire chapter on Korean hand acupoint therapy in three levels: Corresponding Points, Basic Points, and Meridian Points. This is a hands-on manual that guides the reader step-by-step through the basics of microcurrent therapy. Details of instrumentation, applicable bodywork patterns, microcurrent inferential, auricular treatment procedures, meridian therapy, Akabane, interpretation protocol, five phase, Luo, sedation, and supplemental points, source, master, and association points, Korean hand therapy, and a variety of miscellaneous point treatment strategies are all covered in this ambitious and useful book.

Electroacupuncture Handbook for Musculoskeletal Problems Balboa Press

The original comprehensive guide to energetic healing with a new preface by the author and updated resources. • More than 125,000 copies sold. • Explores the actual science of etheric energies, replacing the Newtonian worldview with a new model based on Einstein's physics of energy. • Summarizes key points at the end of each chapter to help the serious student absorb and retain the wealth of information presented. Vibrational Medicine has gained widespread

acceptance by individuals, schools, and health-care institutions nationwide as the textbook of choice for the study of alternative medicine. Trained in a variety of alternative therapies as well as conventional Western medicine, Dr. Gerber provides an encyclopedic treatment of energetic healing, covering subtle-energy fields, acupuncture, Bach flower remedies, homeopathy, radionics, crystal healing, electrotherapy, radiology, chakras, meditation, and psychic healing. He explains current theories about how various energy therapies work and offers readers new insights into the physical and spiritual perspectives of health and disease.

Introducing Epigenetics Elsevier Health Sciences

This book is a printed edition of the Special Issue "Acupuncture – Basic Research and Clinical Application" that was published in *Medicines*

Neuropuncture Elsevier Health Sciences

Providing a fresh update of this continuously evolving branch of sports medicine, this comprehensive yet practical guide focuses specifically on the treatment of athletes who train for and participate in endurance sporting events, including not only traditional endurance athletes

such as runners, swimmers, bikers and triathletes, but also rowers, adventure racers, military personnel and cross-fit athletes. Detailing strategies for not only treating and preventing injuries and conditions but also for optimizing an athlete's performance, this book is divided into three thematic sections. The first section covers common medical conditions faced by the endurance athlete, including cardiovascular conditions, asthma, and heat- and altitude-related illnesses, while also discussing gender differences, pregnancy and the pediatric and masters endurance athlete. Section two focuses on the management of common musculoskeletal conditions, such as stress fractures, overuse injuries of the soft tissue, shoulder and hip injuries, and exercise and osteoarthritis; this section now includes discussion of the use of cutting-edge orthobiologics. The last section presents performance optimization and event coverage, including gait and swim-stroke analysis, bike fitting, resistance training, mental preparation, optimizing nutrition, and how to organize medical coverage for events, as well as decision-making for return to play. Completely updated and including brand new chapters, *Endurance Sports Medicine, Second Edition* remains a valuable guide for sports medicine physicians, orthopedists, athletic trainers, physical therapists, coaches, officials, and athletes in understanding the needs of the determined individuals who participate in endurance sports.

Transformation and Recovery MDPI

With your hands you have potential to relieve everyday aches, pains and ailments without taking drugs, to improve your health, and to increase your vitality. Acupressure is an ancient healing art that uses the fingers to stimulate key points on the skin that, in turn, activate the body's natural self-healing processes. With this book, it is a skill you can learn now--and use in your own home. In *Acupressure's Potent Points*, Michael Reed Gach, founder and director of the Acupressure Institute of America, reveals simple techniques that enable you to relieve headaches, arthritis, colds and flu, insomnia, backaches, hiccups, leg pain, hot flashes, depression, and more--using the power and sensitivity of your own hands. This practical guide covers more than forty ailments and symptoms, from allergies to wrist pain, providing pressure-point maps and exercises to relieve pain and restore function. Acupressure complements conventional medical care, and enables you to take a vital role in becoming well and staying well. With this book you can turn your hands into healing tools--and start feeling good now.

Acupuncture Research National Academies Press

The only book of its kind, *Manual of High Risk Pregnancy & Delivery* provides a complete resource for care of this special patient and her complex needs. It helps you provide positive outcomes with coverage of today's newest technology, physiologic considerations, psychologic implications, health disorders, and other complications in pregnancy. Written by noted educator and practitioner Elizabeth Stepp Gilbert, RNC, MS, FNP-BC, CNS, this book also describes how to screen for risk factors, provide preventive management, and intervene appropriately when problems arise. It's a concise, hands-on reference for both inpatient and outpatient settings! A consistent format makes this book a practical, hands-on reference in the clinical setting, presenting problems with the following headings: incidence, etiology, physiology, pathophysiology, and medical management. Comprehensive coverage includes physiologic considerations, fetal assessment, perinatal screening, ethical and legal issues, health disorders during pregnancy, complications, and labor and delivery issues. Up-to-date content includes integrative therapy, domestic violence, multiple gestation, genetics, nutrition, culture, risk management, and all the latest screening tools. A section on ethical and legal considerations covers ethical decision making, legal issues, and risk management. Updated evidence-based content includes the latest AHWONN standards of practice. Patient safety and risk management strategies include updated approaches to improving outcomes, reducing complications, and increasing patient safety during high risk pregnancy and delivery. *New Venous Thromboembolic Disease* chapter provides current information on this increasingly common condition. Information on the latest assessment and monitoring devices keeps you current with today's technology. Standardized terminology and definitions from the National Institute of Child Health & Human Development (NICHD) lead to accurate and precise communication.

Neuroimaging of Pain Bloomsbury Publishing USA

Covering preventive, non-invasive, and natural treatments, *Textbook of Natural Medicine, 4th Edition* offers more than just alternative medicine. It promotes an integrated practice that can utilize natural medicine, traditional Western medicine, or a combination of both in a comprehensive, scientific treatment plan. Based on a combination of philosophy and clinical studies, *Textbook of Natural Medicine* helps you provide health care that identifies and controls the

underlying causes of disease, is supportive of the body's own healing processes, and is considerate of each patient's unique biochemistry. Internationally known authors Joseph Pizzorno and Michael Murray include detailed pharmacologic information on herbs and supplements, plus evidence-based coverage of diseases and conditions to help you make accurate diagnoses and provide effective therapy. Comprehensive, unique coverage makes this book the gold standard in natural medicine. A scientific presentation includes the science behind concepts and treatments, and discusses Western medical treatments and how they can work with natural medicine in a comprehensive treatment plan; if natural medicine is not effective, this book recommends the Western treatment. Coverage of pharmacology of natural medicines includes the uses and potential dangers of nearly 80 herbal medicines, special nutrients, and other natural agents, addressing topics such as general information, chemical composition, history, pharmacology, clinical applications dosage, and toxicology. In-depth, evidence-based coverage of 73 diseases and conditions includes key diagnostic criteria, pathophysiology of diseases, and therapeutic rationales. Coverage of potential interactions between drugs, herbs, and supplements ensures the safest possible use for each of 79 herbs and supplements. Diagnostic procedures include practical, easy-to-follow descriptions of evidence-based techniques plus discussions of clinical application of diet analysis, food allergy testing, immune function assessment, fatty acid profiling, hair mineral analysis, and other diagnostic approaches. Common therapeutic modalities are described and reviewed, including botanical medicine, nutritional therapy, therapeutic fasting, exercise therapy, hydrotherapy, counseling, acupuncture, homeopathy, and soft tissue manipulation. Coverage of syndromes and therapies helps in understanding the underlying causes of diseases by discussing topics such as food reactions, functional toxicology, sports nutrition, stress management, and breathing pattern disorders. Coverage of the philosophy of natural medicine includes its history and background, with discussions of toxicity, detoxification, and scientific documentation of the healing actions of nature and natural substances. Internationally known authors Joseph Pizzorno and Michael Murray and more than 90 expert contributors provide material that is up to date, accurate, and informed. More than 10,000 research literature citations show that the content is based on science rather than opinions or anecdotes. 13 useful appendices offer quick lookup of frequently used charts, handouts, and information. New chapters are included on hot topics such as female infertility, medicinal mushrooms, natural products and quality control, pregnancy health and primary prevention, and Vitamin K; new appendices include a supplier certification questionnaire and cervical escharotics treatment. Thorough updates ensure that you use only the most current research and provide the most effective treatment of patients. Tabs in Specific Health Problems section separate more than 70 alphabetized diseases/conditions. One convenient volume replaces the cumbersome two-volume set for easy, convenient reference. Electronic access is available via Pageburst, making it easy to search topics, drugs, herbs and supplements, and diseases and conditions. Sold separately.

The Concise Book of Dry Needling Attilio D'Alberto

This book presents an overview of the theoretical foundations of electroacupuncture, together with experimental and clinical evidence for the efficacy of electroacupuncture in its various forms. It also provides guidance on the effective clinical practice of electroacupuncture, illustrated with informative case histories. It serves as an excellent introduction on the subject, covering all the key information a beginning practitioner would need to know, as well as exploring avenues for advanced practice. The accompanying CD-ROM is an ideal research tool, providing searchable chapters from the book as well as an extensive database of more than 8,000 clinical trials that can be accessed via the CD-ROM or through a companion website. *The first comprehensive overview of modern acupuncture methods for 20 years*/iiliClear and accessible guide to an increasingly popular form of acupuncture practice/iiliDesigned for both technically and non-technically minded readers/iiliProvides a basis for immediate practical application in a variety of clinical situations/iiliCase studies from expert practitioners in the field illustrate the variety of possible approaches/iiliOnly book on the subject to offer both practical suggestions and thorough exploration of the research behind the practice/iiliBridges the gap between traditional and modern scientific approaches to acupuncture/iiliSifts and sorts what is often confusing or highly technical material into manageable and practical information/iiliIncludes an interactive CD-ROM containing over 15,000 references/iiliFully searchable database of more than 8,000 clinical studies is accessible via the accompanying CD-ROM and website/iiliDatabase includes material from thousands of studies never before available in English - translated from Chinese, Russian, Ukrainian and other European languages/iiliComprehensive glossary defines and explains

important concepts

Increasing IVF Success with Acupuncture North Atlantic Books

Designed to be a go-to reference for assessment and treatment planning in the clinic, this is a clear and concise handbook for students and practitioners of dry needling, or medical acupuncture. It includes: · Comprehensive medical illustrations demonstrating trigger point locations and associated pain referral patterns · Easy-to-follow instructions and photographs demonstrating musculoskeletal dry needling points and electroacupuncture techniques · Dedicated section on the acupuncture treatment of tendinopathy · Vital information on palpation and correct needling techniques · Practical guidance on best practice, safety and treatment planning · Overviews of the history and key principles of Traditional Chinese medicine and acupuncture · Up-to-date research on the effect of acupuncture in the treatment of MSK conditions, myofascial pain, trigger points (MTrPS), fascia and pain. The book will be an essential aid for osteopaths, physiotherapists, sports rehabilitators, chiropractors, massage therapists, as well as traditional acupuncturists wishing to understand a Western approach on acupuncture. Other health professionals incorporating, or looking to incorporate dry needling into their treatment programme, will also find this book an invaluable resource.

Alternative Medicine, Second Edition Springer

A major development in the safe and effective treatment of myofascial trigger points and myofascial pain, this book is a concise, comprehensive, and well-illustrated reference on dry needling. John Sharkey—an international authority on myofascial trigger points, myofascial pain, myofascial trigger point dry needling, and neuromuscular therapy as well as an accredited clinical anatomist—draws on his thirty years of experience in bodywork and movement therapy to provide accurate and essential criteria for the identification and subsequent treatment of myofascial trigger points through the exclusive use of a fine, filiform needle. The ideal accompaniment to course notes and the perfect tableside reference guide, this book describes the origin, etiology, and pathophysiology of the myofascial trigger point as well as indications and contraindications for myofascial trigger point dry needling. Instructive illustrations support the text, along with standards and guidelines that ensure safe, effective, and appropriate application. Physical therapists including osteopaths, chiropractors, neuromuscular therapists, soft tissue therapists, physiotherapists, and sports massage therapists will find this guide indispensable. Because Sharkey explains why so many people have unresolved chronic pain and provides clear explanations of how pain is propagated, the book is also an invaluable source of information for patients with chronic pain and their care providers.

Microcurrent Electro-Acupuncture Elsevier Health Sciences

Chronic pain costs the nation up to \$635 billion each year in medical treatment and lost productivity. The 2010 Patient Protection and Affordable Care Act required the Department of Health and Human Services (HHS) to enlist the Institute of Medicine (IOM) in examining pain as a public health problem. In this report, the IOM offers a blueprint for action in transforming prevention, care, education, and research, with the goal of providing relief for people with pain in America. To reach the vast multitude of people with various types of pain, the nation must adopt a population-level prevention and management strategy. The IOM recommends that HHS develop a comprehensive plan with specific goals, actions, and timeframes. Better data are needed to help shape efforts, especially on the groups of people currently underdiagnosed and undertreated, and the IOM encourages federal and state agencies and private organizations to accelerate the collection of data on pain incidence, prevalence, and treatments. Because pain varies from patient to patient, healthcare providers should increasingly aim at tailoring pain care to each person's experience, and self-management of pain should be promoted. In addition, because there are major gaps in knowledge about pain across health care and society alike, the IOM recommends that federal agencies and other stakeholders redesign education programs to bridge these gaps. Pain is a major driver for visits to physicians, a major reason for taking medications, a major cause of disability, and a key factor in quality of life and productivity. Given the burden of pain in human lives, dollars, and social consequences, relieving pain should be a national priority.

The Praeger Handbook of Acupuncture for Pain Management Elsevier Health Sciences

Change is only 50 minutes away! Find out everything you need to know about putting a stop to bedwetting with this straightforward guide. Although bedwetting is a normal part of infancy, it can be frustrating and distressing for the child and their parents if it continues beyond the usual age. Fortunately, a range of effective treatments are available, so you can find the one that is best for your child and help them to stay dry throughout the night. In just 50 minutes you will be able to: •

Learn about the causes and symptoms of nocturnal enuresis (bedwetting) • Implement effective measures at home to put a stop to bedwetting • Find out about the range of treatments available for enuresis ABOUT 50MINUTES.COM | HEALTH AND WELLBEING The Health and Wellbeing series from the 50Minutes collection is perfect for anyone looking to be healthier and happier in their personal life. Our guides cover a range of topics, from social anxiety to getting ready for a new baby, and provide simple, practical advice and suggestions to allow you to reduce stress, strengthen your relationships and increase your wellbeing.

Acupuncture – Basic Research and Clinical Application Springer Publishing Company
The Second Edition of this book is a rearranged and enriched version of the previous edition, composed of feedback and constructive comments from readers. Acupuncture is the most popular form of treatment in Chinese medicine. The theories and practice of acupuncture have been revised and rewritten to give readers a clear idea of how it works and when it is to be utilized. Botanicals, i.e. herbal medicine, form the major core of Chinese medicine practice. The potential of botanicals development is wide: from casting specific biological activities to preventive uses. Three new chapters are offered: (i) for the understanding of the biological activities of herbal medicine, (ii) the products produced from herbs for specific needs, and (iii) the individual's choice for what may suit him/her best. In this present era of information technology, readers should be guided on the use of the Internet and related areas in order to independently secure information for personal use and research needs. The last chapter is provided for this practical purpose. Since the publication of the First Edition, much development has occurred in the field of Chinese medicine. All the chapters have been updated and revised accordingly so that general readers, those looking for effective treatment, as well as those who want to serve their patients better, can have a reliable comprehensive reference.

Guide de l'ELECTRO ACUPUNCTURE Singing Dragon

L'électro acupuncture est une méthode fiable, rapide et efficace de thérapie énergétique, elle est complètement naturelle. Appliquée au moyen d'un stylo d'acupuncture elle donne des résultats remarquables. Et ces stylos sont devenus abordables en terme de prix, et de confort. Avec ce livre vous pourrez pratiquer vous même avec votre stylo d'acupuncture. Vous apprendrez à identifier les méridiens, les principaux points, et surtout à bien maîtriser la méthode de diagnostique des déséquilibres énergétique et la méthode d'harmonisation de vos énergies. Cette technique de santé naturelle pratiquée en orient est aujourd'hui à votre disposition, sans aiguilles, sans risques, et surtout elle est devenue très aisée à pratiquer avec un simple stylo d'acupuncture.

Current Catalog Singing Dragon

The field of Complementary and Alternative Medicine (CAM) is expected to grow tremendously in the next few years. In addition to an increase in the general population, the baby-boomer generation is quickly entering retirement and will likely take advantage of CAM increasingly as it ages. Although CAM research as applied to aging is just beginning and health professionals receive no special training in CAM and aging, the United States population still continues to employ it. For diagnoses that accompany aging such as cancer, neurological diseases, psychiatric disorders, and physical disabilities, CAM has often been used in addition to or in place of unsuccessful conventional methods of treatment. This new and up-to-the-minute compendium of reliable and authoritative information on complementary and alternative therapies seeks to provide information that older adults may use as they seek to improve their health and quality of life. Covering dietary means; physical, mental, and spiritual methods of treatment; and various types of therapies, this handbook is the most comprehensive and up-to-date resource on complementary and alternative medicine available today. Each chapter or article includes: Brief definition of modality Anecdotal reports of usefulness Discussion of scientific evidence for and against modality List of resources that reader can use to find further information Examples of therapies covered include: Art & Music

Massage Acupuncture Meditation Homeopathy Ayurveda Aromatherapy

Endurance Sports Medicine Createspace Independent Publishing Platform

Covering preventive, non-invasive, and natural treatments, Textbook of Natural Medicine, 4th Edition offers more than just alternative medicine. It promotes an integrated practice that can utilize natural medicine, traditional Western medicine, or a combination of both in a comprehensive, scientific treatment plan. Based on a combination of philosophy and clinical studies, Textbook of Natural Medicine helps you provide health care that identifies and controls the underlying causes of disease, is supportive of the body's own healing processes, and is considerate of each patient's unique biochemistry. Internationally known authors Joseph Pizzorno and Michael Murray include detailed pharmacologic information on herbs and supplements, plus evidence-based coverage of diseases and conditions to help you make accurate diagnoses and provide effective therapy. Comprehensive, unique coverage makes this book the gold standard in natural medicine. A scientific presentation includes the science behind concepts and treatments, and discusses Western medical treatments and how they can work with natural medicine in a comprehensive treatment plan; if natural medicine is not effective, this book recommends the Western treatment. Coverage of pharmacology of natural medicines includes the uses and potential dangers of nearly 80 herbal medicines, special nutrients, and other natural agents, addressing topics such as general information, chemical composition, history, pharmacology, clinical applications dosage, and toxicology. In-depth, evidence-based coverage of 73 diseases and conditions includes key diagnostic criteria, pathophysiology of diseases, and therapeutic rationales. Coverage of potential interactions between drugs, herbs, and supplements ensures the safest possible use for each of 79 herbs and supplements. Diagnostic procedures include practical, easy-to-follow descriptions of evidence-based techniques plus discussions of clinical application of diet analysis, food allergy testing, immune function assessment, fatty acid profiling, hair mineral analysis, and other diagnostic approaches. Common therapeutic modalities are described and reviewed, including botanical medicine, nutritional therapy, therapeutic fasting, exercise therapy, hydrotherapy, counseling, acupuncture, homeopathy, and soft tissue manipulation. Coverage of syndromes and therapies helps in understanding the underlying causes of diseases by discussing topics such as food reactions, functional toxicology, sports nutrition, stress management, and breathing pattern disorders. Coverage of the philosophy of natural medicine includes its history and background, with discussions of toxicity, detoxification, and scientific documentation of the healing actions of nature and natural substances. Internationally known authors Joseph Pizzorno and Michael Murray and more than 90 expert contributors provide material that is up to date, accurate, and informed. More than 10,000 research literature citations show that the content is based on science rather than opinions or anecdotes. 13 useful appendices offer quick lookup of frequently used charts, handouts, and information.

Auriculotherapy Manual Earthen Vessel Production Incorporated

Neuropuncture is the clinical manual of a groundbreaking acupuncture system that incorporates neuroscience into its clinical applications for pain management, orthopaedic conditions and internal medicine. It shows acupuncturists how to apply research into the neurophysiological mechanisms of acupuncture and electrical acupuncture to the traditional TCM model of healthcare. The book explains how acupuncture works using Western medical science and illustrates how to apply this knowledge to clinical cases with electrical acupuncture, creating evidence-based acupuncture protocols. These protocols are clinically proven and result in reproducible clinical outcomes.

Integrative Medicine for Children Elsevier Health Sciences

Epigenetics is the most exciting field in biology today, developing our understanding of how and why we inherit certain traits, develop diseases and age, and evolve as a species. This non-fiction

comic book introduces us to genetics, cell biology and the fascinating science of epigenetics, which is rapidly filling in the gaps in our knowledge, allowing us to make huge advances in medicine. We'll look at what identical twins can teach us about the epigenetic effects of our environment and experiences, why certain genes are 'switched on' or off at various stages of embryonic development, and how scientists have reversed the specialization of cells to clone frogs from a single gut cell. In *Introducing Epigenetics*, Cath Ennis and Oliver Pugh pull apart the double helix, examining how the epigenetic building blocks and messengers that interpret and edit our genes help to make us, well, us.

Basic Microcurrent Therapy CRC Press

Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of Chinese and Western systems of ear acupuncture. This impressive new edition utilizes 3-D models of the external ear, as well as 3-D anatomical images, to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle. This is the first ear acupuncture text that has incorporated 3-D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions. The book offers in-depth evaluation of the theoretical and clinical underpinnings of auriculotherapy, describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical disorders ranging from chronic pain to substance abuse to visceral and neurological disorders. There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3-D model. These landmarks further reveal the varied depth perspectives of the external ear. The ear reflex points presented in this manual are based upon systematic research conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years. Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to update the scientific and clinical knowledge presented in this fourth edition. Each chapter is organized in same basic order, beginning with an introductory overview, progressing to the main topics in the chapter, and ending with a section listing a definition of terms and a set of preparatory sample questions. The book is concise and clear enough for students yet provides provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies.

Simple Steps to Dry Nights Springer

The first book available describing the application of acupuncture to the treatment of substance abuse. Three years in the making, this important new book examines the reasons why acupuncture is so successful as an adjunct in the treatment of substance abuse in a variety of conventional drug treatment & criminal justice settings. Includes: * a step-by-step guide to funding & starting acupuncture-based programs; * an analysis of conventional chemical dependency treatment models, & how acupuncture can interface with each of these settings; * an extensive appendix, including a thorough summary of all acupuncture research relevant to chemical dependency treatment. "A must for administrators & clinicians alike."--Robert T. Olander, Director of Chemical Health, Hennepin County, Minnesota. "Sophisticated, comprehensive, & practical. Sensitive to the whole range of subtlety in the problem of addiction."--Michael Smith, MD., Director of Substance Abuse, Lincoln Hospital, New York, & founder of the National Acupuncture Detoxification Association. "In TRANSFORMATION & RECOVERY, Alex Brumbaugh has unified the addiction field, drawing together a disparity of information from chemical dependency & Chinese medicine & rooting it in history."--Belle Muschinske, Ph.D., New Mexico Department of Corrections. \$39.00 plus shipping from Stillpoint Press, 133 E. De La Guerra, Ste. 362, Santa Barbara, CA 93101. To order: (800) 500-7577.

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